AUSTIN COQUITLAM FACILITY

FALL SCHEDULE

Subject to Change!

KEY: Preschool Cheer Gym Parkour Other **REGISTRATION LINK**

	SUN	MON	TUE	WED	THU	FRI	SAT
A	Parent Tot Ninja Kids Walking to 3 10:10-10:50 am	Tiny Gym & Tumble 🟡 Ages 3-4 3:50-4:30 pm	Nov Cheer Sassy Sea Stars Ages 3.5-6 4:00-5:00 pm		PKL1-Ninja Kids Ages 5-8 4:50-5:50 pm	ALL IN ONE	ParentTot All in One Walking to 3 9:20-10:00 am
U	Tiny Ninjas Ages 3-4 11:00-11:40 am	Gym & Tumble 🟡🟢 Ages 5-8 4:40-5:40 pm	Nov Cheer Bumble Bees Ages 6-8 5:05-6:25 pm	Gym & Tumble 🟡🟢 Ages 9+ 4:40-5:40 pm	PKL1-Ninja Kids Ages 9-12 6:00-7:00 pm	OPEN GYM?	Nov Cheer Tiny Turtles Ages 3.5-5 10:10-11:10 pm
S	PKL1-Ninja Kids Ages 5-8 11:50-12:50 pm	Gym & Tumble 🟡🟢 Ages 9+ 5:50-6:50 pm	Nov Cheer Great Grizzlies Ages 9-12 6:30-7:50 pm	Gym & Tumble 🟡🟢 Ages 5-8 5:50-6:50 pm	Parkour Level 2 7:10-8:10 pm		Nov Cheer Silly Salmon Ages 6-8 11:20-12:40 pm
T	PKL1-Ninja Kids Ages 9-12 1:00-2:00 pm	Gym & Tumble 🟢🔴 7:00-8:00 pm		Gym & Tumble 🟢🔴 7:00-8:00 pm			Nov Cheer Extreme Eagles Ages 9-12 12:50-2:10 pm
I	Parkour Level 2 2:10-3:10 pm						ALL IN ONE PARTIES 2:30-4:15 pm
N							

GYM & TUMBLE

🟡Foundations: Handstands, Cartwheels, Rolls 🟢Backbends, Limbers, Round Offs 🔴Walkovers 🟣Handsprings 🔵Combinations & Power ⚫Aerials, Tucks

TUMBLE CITY CHEER★GYMNASTICS★PARKOUR

West Coast SPORT CHEER

EDMONDS BURNABY - CHEER & All In One

FALL SCHEDULE

Subject to Change!

KEY: Preschool Cheer Gym Other REGISTRATION LINK

	SUN	MON	TUE	WED	THU	FRI	SAT
C	Nov Cheer Spirit Bears Ages 3½-5 11:20-12:20 pm			**NEW** Seniors Move & Social 9:40-10:30 am (coffee time after)	Tiny All in One Ages 3-4 11:45-12:35 pm		
H	Nov Cheer Wonder Wolves Ages 6-8 12:30-1:50 pm			Parent Tot All In One Walking to 3 10:40-11:20 am	Parent Tot All in One Walking to 3 12:45-1:25 pm		
E	Nov Cheer Audacious Orcas Ages 9-12 2:00-3:20 pm			Tiny All In One Ages 3-4 11:30-12:20 pm	Home Learners All In One 1:35-3:00 pm		
E				Nov Cheer Brave Bunnies Ages 3½-5 4:00-5:00 pm			
R	Outrageous U12 L1 All Star 4:00-5:30 pm		Mayhem U8 L1 All Star Prep 4:45-6:25 pm	Nov Cheer Outstanding Otters Ages 6-8 4:55-6:15 pm	Mayhem U8 L1 All Star Prep 4:45-6:25 pm	*Skill Dev* *Level 1* *5:30-6:30 pm*	Cheernastics Party 5:15-7:00 pm
	Wicked BCU18 L2 All Star 5:30-7:00 pm		Wicked BCU18 L2 All Star 6:00-8:00 pm	Nov Cheer Thunderbirds Ages 9-12 6:10-7:30 pm	Outrageous U12 L1 All Star 6:00-8:00 pm	*Skill Dev 2* *6:30-7:30 pm*	All In One Party 6:15-8:00
	Illuminati Open 7:00-8:30 pm			Illuminati Open 7:15-8:45 pm		OPEN GYM + 7:30-9pm	

TUMBLE CITY CHEER GYMNASTICS PARADISE

EDMONDS BURNABY - GYMNASTICS & All In One

FALL SCHEDULE

Subject to Change!

KEY: *Preschool Cheer Gym Other*

REGISTRATION LINK

	SUN	MON	TUE	WED	THU	FRI	SAT
GYMNASTICS	Tiny Gym & Tumble Ages 3-4 9:10-9:50 am			*NEW* Seniors *Move & Social* 9:40-10:30 am			Parent Tot Gym Walking to 3 9:10-9:50 am
	Gym & Tumble 🟡🟢Ages 5-8 10:00-11:00 am			Parent Tot All In One Walking to 3 10:40-11:20 am			Tiny Gym & Tumble Ages 3-4 10:00-10:40 am
	Gym & Tumble 🟡🟢 Ages 9+ 11:10-12:10 pm			Tiny All In One Ages 3-4 11:30-12:20 pm	Tiny All in One Ages 3-4 11:45-12:35 pm		Gym & Tumble 🟡🟢Ages 5-8 10:50-11:50 am
	Gym & Tumble 🔴🟣 12:20-1:20 pm				Parent Tot All in One Walking to 3 12:45-1:25 pm		Gym & Tumble 🟡🟢Ages 9+ 12:00-1:00 pm
	Gym & Tumble 🔵⚫ To be added 3 x per week	Gym & Tumble 🟡🟢Ages 5-8 4:15-5:15 pm		Gym & Tumble 🟡🟢 Ages 9+ 4:15-5:15 pm	Home Learners All In One 1:35-3:00 pm		Gym & Tumble🔴🟣 1:40-2:40 pm
		Gym & Tumble 🟡🟢 Ages 9+ 5:25-6:25 pm		Gym & Tumble 🟡🟢Ages 5-8 5:25-6:25 pm			Gym & Tumble 🟣🔵 2:50-3:50 pm
		Gym & Tumble🔴🟣 6:35-7:35 pm		Gym & Tumble🟣🔵 6:35-7:35 pm			Cheernastics Party 5:15-7:00 pm
		Gym & Tumble🟣🔵 7:45-8:45 pm		Gym & Tumble🔴🟣 7:45-8:45 pm		OPEN GYM 7:30-9pm	All In One Party 6:15-8:00

New Colour System: As we adjust to this new system, we wanted to allow you more scheduling options, therefore colour combinations have been created. Once their skills are strong, a coach will inform you that your child is ready to move to the next level. Each class will focus on gaining and strengthening the following skills:

🟡Foundations: Handstands, Cartwheels, Rolls 🟢Backbends, Limbers, Round Offs 🔴Walkovers 🟣Handsprings 🔵Combinations & Power ⚫Aerials, Tucks

EDMONDS BURNABY - PARKOUR FACILITY

FALL SCHEDULE

Subject to Change!

KEY: Preschool Parkour Other

REGISTRATION LINK

	SUN	MON	TUE	WED	THU	FRI	SAT
PARKOUR	PARTY 10:00-11:45		Parent Tot Ninja Kids Walking to 3 11:45-12:25 pm		Tiny All in One Ages 3-4 11:45-12:35 pm		Parent Tot Ninja Kids Walking to 3 10:00-10:40 am
	PARTY 12:00-1:45		Tiny Ninjas Ages 3-4 12:35-1:25 pm		Parent Tot All in One Walking to 3 12:45-1:25 pm		Tiny Ninjas Ages 3-4 10:50-11:30 pm
	PARTY 2:00-3:45		Home Learners Parkour 1:35-3:00 pm	Ninja Kids Ages 5-8 3:50-4:50 pm	Home Learners All In One 1:35-3:00 pm		Ninja Kids Ages 5-8 11:40-12:40 pm
	PARTY 4:00-5:45	Tiny Ninjas Ages 3-4 4:10-4:50 pm		Parkour L2 5:00-6:00 pm		Parkour L1 Ages 7-9 & 10+ 5:10-6:10 pm	Ninja Kids Ages 9-12 12:50-1:50 pm
		Parkour L1 Ages 7-9, & 10-14 5:00-6:00 pm		Parkour L1 Ages 7-9 & 10-14 6:10-7:10 pm		Parkour L2 6:20-7:20 pm	**NEW** Family Open Gym 2:00-3:30 Ages 3 +
		Parkour L2 6:10-7:10 pm		Parkour Level 3/4 7:00-8:15 pm		Parkour Level 3/4 (open gym) 7:30-9:00 pm	
		Parkour Level 3/4 7:00-8:15 pm		Parkour Teen/Adult 15+ 8:00-9:00 pm		OPEN GYM + 7:30-9pm	

GUMBALL CITY CHEER ★ GYMNASTICS ★ PARKOUR